

# ALAN COWEN

AVAILABLE FOR SPEAKING ENGAGEMENTS

Retired LAFD Paramedic Chief

*“Paramedic Chief - Extraordinary Experiences from the Streets of Los Angeles”*



After more than three decades on the front lines of Los Angeles emergency response and in leadership roles within the department, Alan Cowen offers firsthand insight into high-pressure decision making, the evolution of modern EMS, and the realities of sustaining a long career in public safety. His talks combine real-world stories with practical lessons on leadership, resilience, and professionalism.

## SPEAKING TOPICS INCLUDE:

- Leadership under pressure in high-stakes emergencies
- How EMS evolved — and what we’ve lost along the way
- The calls that never leave you — and how medics carry them
- Mentoring and developing future EMS leaders
- Managing chaos while maintaining professionalism

## IDEAL FOR:

- Fire & EMS departments
- EMT and Paramedic training programs
- Firefighter associations and unions
- Nursing and allied health programs
- Rotary and civic organizations

AVAILABLE FOR KEYNOTE PRESENTATIONS, TRAINING PROGRAMS, & PROFESSIONAL DEVELOPMENT EVENTS

## CONTACT

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